



**Zorana Rose ND**  
Doctor of Naturopathic Medicine

## Zorana Rose Continuing Education by Condition

**Winter 2008**

### **ADHD:**

- ADHD and Behaviour D/O's: Homeopathic Resources for Clinical Practice; by John Collins ND, DHANP CCNM, 1999.
- Case Presentations on Nervous Systems D/O's: Depression, Anxiety and ADHD; Dr. Robert Abell, June 2004
- Three Prevalent Topics – Autism and ADHD; Dr. Nigel Plummer, April 22 & 23, 2006

### **Aging:**

- New Approaches to Anti-Aging: Nutritional Neuroendocrinology; Dr. J. Bland, 2001
- Anti-Aging; Heel, April 24<sup>th</sup>, 2006
- Naturopathic Approaches to Aging: Lecture Given to "Good Age Club" at the Bloor Jewish Community Center; by Zorana Rose, ND, 2003
- Naturopathic Care of the Older Patient; Dr. Gleberzon DC, Full Term Course at CCNM
- Tinnitus/Vertigo/Otitis Media, Teleconference; Dick Thom, February 2006

### **Allergies**

- Allergies and Weakened Phlaxis; by Dr. Gunther Bauer MD, HEEL
- Allergy and Autoimmune Disease: Three Prevalent Topics; Dr. Nigel Plummer, April 22 & 23, 2006

### **Autism:**

- Zinc and Autism; Joan Jory PhD, University of Guelph, November 26<sup>th</sup>, 2003
- Practical Neurology:Neurobiology in Autism-Recent Research and Insights; Joan Jory PhD, OAND May 2004
- Autism and ADHD: Three Prevalent Topics; Dr. Nigel Plummer, April 22, 23, 2006
- Mini Dan Conference - Practitioner; Toronto, September 2005
- Autism: A Medical Condition presented by Daniel MacFabe: Novel Multi-Disciplinary Methods to Study Autism Spectrum D/O's; Dr. Wendy Edwards: Practical Treatment Approaches; Dr. Sidney Baker - Case Presentations; Autism Canada, Winter 2006.
- A Comprehensive Biomedical Treatment Approach – Autism, PDD ADHD and Behaviour Disorders; Great Plains Laboratory, Sunday Medical Panel 2 \_ hours and Monday October 1st, 8:30 – 5:30, 2007. Kitchener.



**Zorana Rose ND**  
Doctor of Naturopathic Medicine

### **Arthritis:**

- Naturopathic Alternatives for pain and Arthritis; Zorana Rose, OT, ND, Senior's Group at Unitarian Church on St. Clair 2004; and Water Lily Health Food Store, 2005
- Arthritis; Rhonda Dorren BSc Pharm, HEEL, January 2006

### **Breastfeeding:**

- Breastfeeding Lecture; Jack Newman to the APND January 2005
- 'Breastfeeding - The Pain of It All'; Presented by Edith Kernerman, IBCLC, RLC, Director of Newman Breastfeeding Clinics, APND, 2006
- OAND Primary Care Series: Jack Newman MD, Neonatal. January, 2007

### **Cancer:**

- Immune System/Cancer Prevention; Michael Murray, CCNM 1999.
- Naturopathic Approaches to Cancer: A Woman's Health Series; Zorana Rose OT, ND, CCNM CE November 6<sup>th</sup>, 2003.
- Naturopathic Support for Conventional Cancer Therapies: Integrative selected Use of Selected Natural Therapies; Timothy Birdsall ND, OAND Annual Convention, 2003.
- Adjuvant Management of Cancer with Homotoxicology; Dr. Alta Smit, HEEL, November 2004
- Cancer, Chemotherapy and Natural Health Products; Dugald Seely, OAND, June 22, 2005
- Prostate Health, Cancer and Chronic Disease; Rhonda Dorren BSc Pharm, HEEL
- Ovarian and Breast Cancer; Dr. Hana Weidenfeld, ND, Primary Care Series, CCNM, June 2006
- Oncology Conference, OAND. S & S, April 21, 22<sup>nd</sup>, 2007.

### **Chronic Fatigue Syndrome:**

- Chronic Fatigue Syndrome-Fibromyalgia Link; Certificate of Completion by Andrew Gaeddert, Health Concerns May – June 2006.
- The Fatigue Solution, Kristi Hughes, ND. Saturday 9-5 pm, April 14<sup>th</sup>, 2007.

### **Colitis/Crohn:**

- Gastrointestinal Health, Essential Fatty Acids and Their Impact on the Immune System; Nigel Plummer, Seroyal, May 2004.



**Zorana Rose ND**  
Doctor of Naturopathic Medicine

- Connection of Gastro-Intestinal Health and the Immune System; Dr. Michel Lavasseur, Homeocan, Feb. 2005,
- Treating Ulcers, IBS and Colitis; Andrew Gaeddert, May 2003
- Biotherapeutic Drainage for Gastrointestinal Health, Irritable Bowel and Inflammatory Bowel Disease; Brenda Lessard-Pereira ND, Seroyal
- Gastroenterology; Joel Gagnier MSc, PhD (candidate) & Maureen Horne-Paul ND, Primary Care Series OAND 2006
- Medical Foods: Powerful Solutions for Challenging Patients; Wayne Breen, Metagenics. July 2004.

#### **CVD:**

- Chronic Inflammation and CVD; Atherosclerosis and Atherothrombosis, Role of Fats in Inflammatory response and CVD; An Effective Alternative to Statin Therapy; Three Prevalent Topics, Dr. Nigel Plummer, April 2006.
- Chronobiology and Chronopharmacology of Cardiovascular Disease; Greg Kelly ND, OAND Convention 2003.

#### **Diabetes and Weight Management:**

- Metabolic Disease Obesity; Diabetes and OP. Dr. Alta Smit, HEEL 2004
- Management of Diabetes Mellitus Type II: Integrative Assessment, Treatment and Management; Ryan Bradley ND, CE CCNM, Nov. 2006.
- The Fatigue Solution, Kristi Hughes, ND. Saturday 9-5 pm, April 14<sup>th</sup>, 2007.
- OAND Primary Care Series 2007: Diabetes, Mona Morstein, ND - May 24, 2007
- Metagenics Functional Medicine Clinical Series- David Leischied, ND. Blood Sugar lecture. Early stages dysregulation through the development of metabolic syndrome and type-2 diabetes; July 10, 2007

#### **Endocrinology**

- Clinical Applications of Functional Endocrinology; Robert Rakowski DC, Metagenics, 2001
- New Approaches to Anti-Aging: Nutritional Endocrinology; Dr. J. Bland, 2001



**Zorana Rose ND**  
Doctor of Naturopathic Medicine

### **Fibromyalgia**

- FIBROMYALGIA; Integrative Medicine Grand Rounds, FACT, September 2003
- Chronic Fatigue Syndrome-Fibromyalgia Link; Certificate of Completion by Andrew Gaeddert, Health Concerns May – June 2006

### **Fertility**

- Integrating Naturopathic Medicine w/ IVF; Judith Fiore ND, listened to CD OAND Convention 2005.
- IVF – In Vitro Fertilization; Judith Fiore, ND, APND, Feb 13<sup>th</sup>, 2006
- Infertility; APND November, 2004

### **Men's Health**

- Prostate Health, Cancer and Chronic Disease; Rhonda Dorren, BSc. Pharm., HEEL
- Biotherapeutic Drainage: Men's Health: BPH, Low Libido, Decreased Stamina, Infertility, Andropause; Impotence; Seroyal 2004

### **Mental/Emotional D/O**

Insomnia and Depression; Teleconference, Dick Thom, DO, ND; March 2006.  
Anxiety/Depression, Jonathan Prousky, ND. Primary Care Series, OAND. April 22<sup>nd</sup>, 2007.

### **Multiple Sclerosis**

Multiple Sclerosis and Naturopathic Care; Terry Jaklin ND; OAND Conference Practical Neurology, 2004

### **Neurological Disorders:**

- New Approaches to Anti-Aging: Nutritional Neuroendocrinology; Dr. J. Bland, 2001
- Children's Illnesses, Neurological D/O's; Biotherapeutic Drainage, November 2002
- The Role of Inflammation in Neurodegenerative Disorders; David Perlmutter MD, OAND Conference - Practical Neurology, 2004
- OAND Conference "Practical Neurology" 2004
- Using Homeopathy to Treat Neurological Disease: A Cycle and Segments Approach; Paul Herscu, ND, OAND CE Series, March 2006



**Zorana Rose ND**  
Doctor of Naturopathic Medicine

### **Paediatrics:**

- Children's Illnesses, Neurological D/O's; Biotherapeutic Drainage, November 2002
- Naturopathic Care for the Infant; MCT Mom's Group, Zorana Rose, OT, ND, 2003 *lecture given by me*
- Paediatric Emergency Medicine 101; Sanjay Mehta MD, FRCPC FAAP Ed, OAND Feb. 2004
- Nausea in Pregnancy; Zorana Rose, OT, ND, APND, April 12, 2004 *lecture given by me*
- Attachment and Bonding; Michelle Everest, ND, APND, September, 2004
- Attachment and Bonding; Lisa-Murray-Doran, OAND, September 2004
- Common Conditions in the Newborn; Roxana Mirza, ND, APND, April 2005
- Interventions for Newborns in Distress, including Newborn Acutes: asphyxia, cord care, cradle cap and conjunctivitis; Zorana Rose, OT, ND, APND, April 2005 *lecture given by me*
- Children's Health and the Environment; Dorothy Rosenberg PhD, and Caryn Thompson ND, OAND, Jan., 2005
- Clinical Nutrition for Infant Development and Physiology: Three Prevalent Topics; Dr. Nigel Plummer, April 22 & 23, 2006.
- Treat Ear Infections Naturopathically; Zorana Rose, OT, ND, Baby and Toddler Show, October 2005 *lecture given by me*
- Otitis Media, Teleconference; Dick Thom, February 2006
- Identifying and Managing Cases of Suspected Child Maltreatment; Corry Azzopardi, MSW, RSW and Hasanna Au MD, FRCPC of the SCAN Program at the Hospital for Sick Kids, OAND November 13, 2006
- Information Session on Services and Professional Duty to Report; Tina Hatton BSW of the Children's Aid Society of Toronto, OAND Nov. 13, 2006.
- OAND Primary Care Series: Jack Newman MD, Neonatal. January, 2007.
- Sick Kids Foundation: 3<sup>rd</sup> One-Day Forum in Complementary and Alternative Health Care and Paediatrics: The purpose of the forum will be knowledge exchange and to share results of research projects funded by Sick Kids Foundation; Friday, May 4, 2007
- APND Perinatal Symposium: EMBRACING FAMILY, Waterbirth – Deanna Hlywka, ND & Red Tent – Group Participation Oct. 12, 3 hours; Mary Bove, ND “Botanical Medicine for Mother's and Babies: Cultivating Healthy Beginnings”, 2 hours; Chris Sowton “Dreams of Birth and Babies” 2 hours; Emma Cory, MD, FRCPC, "Recognizing and Responding to Child Maltreatment" 2 hours; Dick Thom, DDS, ND, "From Conception Through Puberty – The Essentials for Rearing Healthy Children" 3 hours; Mary Wong, Tia Sarkar RM: "Baby is Breech...Now What?" 1 hour; Ronald Gold, MD, MPH: "Vaccination Update" 2 hours; Katia Bailletti, ND: "Children's Vaccines – A Naturopathic Perspective on Pharmacology" 1 hour. October 12-14 2007.



**Zorana Rose ND**  
Doctor of Naturopathic Medicine

**Pain:**

Musculoskeletal-Sports Medicine; Aubrey Rickford ND & James Spring DC, ND, OAND, Primary care series 2006

**Skin:**

Homeopathy and Atopic Diseases, Andre Saine, ND, FCAH. Sat & Sunday April 27<sup>th</sup>, 2003, CCNM

**Women's Health**

- Advanced TCM Herbal Gynecology Course; Andrew Gaeddert, May 2002
- Women's Health; Maureen Horne-Paul, Heel
- Introduce Drainage into Your Life, Women's pathologies, Psychiatric States, Stress, ENT Diseases and Rheumatism; Michel Bouko Levy, MD (Hom). Dr); February 28 &29, 2004
- Women's Health Disorders: Practical Homeopathy for Women of all Ages; Dr. Michel Lavasseur, AC.HD , May 14, 2005
- Gynecology, A Naturopathic View of Cervical Dysplasia and HPV: Relevant Testing, Treatment, and Follow-Up; Cheryl Proctor RMT, ND, Primary Care Series, CCNM, June 2006.
- Ovarian and Breast Cancer, Dr. Hana Weidenfeld, ND, Primary Care Series, CCNM, June 2006
- Uterine Fibroids/Endometriosis; Teleconference, Dick Thom, ND, Feb. 2006
- Responding to Violence: What ND's Need to Know; Shahid Alvi, PhD, CE, CCNM, Oct. 2006
- Healthy Breast Training Program: Sat-Dharam Kaur, ND. January 25, 26 & 27, 2008.



**Zorana Rose ND**  
Doctor of Naturopathic Medicine

Lectures Given by me:

- Naturopathic Alternatives to Peri-Menopause and Menopause; Zorana Rose, ND, Upstairs at Lablaws, Nov. 2004
- Naturopathic Approaches to Managing the Peri-Menopausal Years, Zorana Rose, OT, ND, Sports Club of Canada, Delisle Club, June 2002
- Naturopathic Approaches to Managing the Peri-Menopausal and Menopausal Years, Zorana Rose, OT, ND, Smith's Pharmacy July 2005
- Wellness for Women; Annual Spring Workshop, OSSTF District 12 Status of Women, Zorana Rose, ND, May 2005

## **Courses Completed by Zorana Rose by *Naturopathic Modality***

### **Homeopathy**

- Toronto Homeopathic Center Introductory Course, 1991
- Prescribing for Children, Chris Sowton, 1991
- Bill Gray, 1992
- Case-Taking, Chris Sowton, *two days*, 1993
- Toronto Homeopathic Study Group 1991-1995, presented on several occasions
- Advanced Homeopathic Prescribing, Chris Sowton, *three days*, 1996
- ADHD and Behaviour D/O's: Homeopathic Resources for Clinical Practice; by John Collins ND, DHANP CCNM, 1999
- Homeopathic Specialty Clinic, January – May, 2001. DHANP (AS). Diploma in Naturopathic Medicine, 2001, CCNM
- Homeopathy by the Book: Postgraduate Homeopathy Certification. Dr. Joseph Kellerstein, ND, DC; *one weekend a month from October to May, Oct.2000 to May 2002.*
- Homeopathy and Atopic Diseases; Andre Saine, ND, FCAH; *two days*, April 2003.
- Using Low Potency and Complex Homeopathics; John Bender, ND, OAND Convention, 2003.
- A Seminar on Homeopathy; Dr. Michel Bouko Levy, MD, HD. Homeopathic Medicine Association of Canada, *two days*, February 2004.
- How to Incorporate Nosodes and trace Elements into Your Practice; Dr. Michel Levasseur, *one day*, Nov., 2005
- Homeopathy Gala Lecture; Nadia Bakir, CCNM, May 2006
- Illustrative Comparative Materia Medica Pura; Part I - Andre Saine, *one week*, August 2006
- Using Homeopathy to Treat Neurological Disease: A Cycle and Segments Approach; Paul Herscu, ND, OAND CE Series, *one day*, March 2006
- "Case-Taking" Andre Saine, ND. FCAH Tapes with independent study, Winter – current 2006
- Illustrative Comparative Materia Medica Pura; Andre Saine, Part II, *one week*, August 7, 2007
- Participation in Proving MSG with Chris Sowton, ND. April 15, 2007
- Dreams of Birth and Babies, Chris Sowton, ND. APND Embracing Family Symposium October 2007
- Veterinary Homeopathy, Monica Frohmann HD. February 24 and 25<sup>th</sup>, 2008.
- The Dreamreading Method, Christopher Sowton. March 15<sup>th</sup>, 9 am to 5 pm.



**Zorana Rose ND**  
Doctor of Naturopathic Medicine

## **Traditional Chinese Medicine**

- Advanced TCM Herbal Gynecology Course; Andrew Gaeddert, May 2002
- Chinese Herbs in the Western Clinic; Andrew Gaeddert, 2002
- Improving Your Clinical results with Chinese Herbs, Distance Course of Six Modules; Andrew Gaeddert, September 15 to January 15, 2004. 18 CE.
- Chinese Herbal Medicine from a Naturopathic Perspective; Al Denov, ND. Eight two-hour sessions, spring 2004
- Cosmetic Acupuncture; OAATCM Clinic, *two day* course, June 2004
- 25 Important Formulas for Clinical Practice; Dr. Jake Fratkin, OMD, one day, August 2005
- Chronic Fatigue Syndrome-Fibromyalgia Link; Certificate of Completion by Andrew Gaeddert, Health Concerns. Two, two hour seminars, June 2006

## **Botanicals**

- A Practical Herb Course; Anthony Godfrey, John Redden; *two 8 week sessions, one in the Spring and one in the Fall*, 1999.
- Old Plants, New Discoveries; Paul Saunders, ND, PhD, OAND Convention 2003
- Stress and Adaptogens; Uwaya Erdmann, ND; OAND CE, April 2004
- Botanical Medicine for Mother's and Babies: Cultivating Healthy Beginnings, Mary Bove ND, APND October 12 -14, 2007.

## **PHP**

- In-Office lab tests
- Health Assessment using Muscle Response Testing  
Two weekends, March and April, 2005

## **Bodywork Techniques**

- Craniosacral Therapy I & II; Upledger
- Bowen level 6/7; Bowen Canada
- Reiki Level II; Usui Method



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Doctor of Naturopathic Medicine

### **Biotherapeutic Drainage – Seroyal.**

Brenda Lessard-Pierria, ND:

- Biotherapeutic Drainage and Product Workshop, February 2003
- Biotherapeutic Drainage & Prevalent Health Issues, May 2004
- Endocrine and Reproductive Systems and Women's Health
- Digestion, Dysbiosis and Disease

Other:

- The Evolution of Disease; Dr. Gerard Guiniot, MD. November 2003
- Biotherapeutic Drainage Using Unda Numbers; Dr. Dickson Thom, DO, ND. January 2004
- Clinical Approach to Biotherapeutic Drainage; Dr. Mikhael Adams, ND. March 2004
- Introduction to Gemmotherapy: Part 1 (of 2) Dr. Robert Abell, ND. May 16, 2007

### **Homitoxocolgy – HEEL**

- Homitoxocolgy and Women's Health; Nov. 2003
- Metabolic Disease Obesity; Diabetes and OP; Alta Smit MD, 2004
- Adjuvant Management of Cancer with Homotoxicology; Alta Smit, MD. November 2004
- Anti-Aging; Heel, April 24<sup>th</sup>, 2006
- Homitoxocolgy and Weakened Prohylaxis
- Prostate health, Cancer and Chronic Disease
- Arthritis; Rhonda Dorren BSc Pharm, January 2006
- Practical Detoxification: Homitoxocolgy; Alta Smit MD, May 6, 2007
- Heel Symposium – Inflammation; Advanced detoxification; Psychosomatic disorders; Oncology. April 5<sup>th</sup>, 2008

**Other:**

- Homeocan Gemmotherapy - Ludmyla Koel, MD (Europe), HD; February 1<sup>st</sup>, 2007
- Thorne Detoxification – Walter Crinnion, ND, Teleconference; March 21<sup>st</sup>, 2007
- Metagenics Functional Medicine Clinical Series- David Leischied, ND. Blood Sugar lecture. Early stages dysregulation through the development of metabolic syndrome and type-2 diabetes; July 10, 2007



**Zorana Rose ND**  
Doctor of Naturopathic Medicine

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